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# #ASHTAG

Applied Science and Humanities Department

## VISION

The Department of Applied Science and Humanities is committed to dynamically integrate the components of Science, Humanities and Engineering to groom students to transform them as globally acknowledged professionals.

## MISSION

The department is carrying a mission to create and disseminate the knowledge and techniques in intellectual areas of Engineering and other core areas of Applied Science and Humanities for betterment of Eco system.

To inculcate the importance of Applied Science and develop a natural flair for Engineering and Technology which in turn shall mold students into a competent professional.

To be recognized for practicing the best teaching-learning processes to create highly competent, resourceful, and self-motivated young Engineers for the benefit of the society.



# The Science of Loneliness: Solipsism

I am Shaikh Amaan Sadique and I would like to share some thoughts on the topic 'Solipsism' or 'Science of Loneliness'. I first heard this term in 'Death Note' Anime (A must watch). The name of a Background Music was 'Law of Solipsism'.

So what is Solipsism? "Solipsism is the philosophical idea that only one's mind is sure to exist. As an epistemological position, solipsism holds that knowledge of anything outside one's own mind is unsure; the external world and other minds cannot be known and might not exist outside the mind. This was the definition from Wikipedia. In simple words or say my words; first a question, "have you ever felt alone, all by yourself?" If yes, the feeling is called Solipsism. Like Stoicism or Cynicism, Solipsism is also a vast subject in itself but I will tell you in a nutshell.



Solipsism is like a person saying I am alone and everyone else is an illusion or an Instagram account with 0 following and followers equal to everyone existing including the account holder himself/herself.

So where did this word originate? This time not in Greece, It's French Guys, "Bonjour!". People credit René Descartes for introducing Solipsism but written knowledge of it has come

from French satirist Giulio Clemente Scotti in 1652 in his book called 'La Monarchie des Solipses'. The title of the book translates to 'The Monarchy of Solipses' and Solipses is a composite of the Latin solus("alone") and ipse ("self").

The law of Solipsism states that, "There is no existence of the outer world, there is just our mind and other things are just illusions". People who accept solipsism are called Solipsists. They won't care if they would be alone in this universe.

Finding them was a hard task but I managed to find one, Yagami Light, he is main protagonist of the Death Note series. So he is a mentionable example but I would also state that he was Stoic, a stoic who had constructive virtues, when he was introduced with the Death Note. He

uses the Death Note to kill those whom he deems morally unworthy of life, masterminding a worldwide massacre as the vigilante Kira (killer) – a complete solipsist person.

We also have people in history who have resorted to human massacre in the name of social or ethnic cleansing. So I believe most dictators like Adolf Hitler, Benito Mussolini etc. are Solipsists.

**By Shaikh Amaan Sadique**

**A-22**

## **PASSION**

I Aman Shetty would like to cast some light on the topic of great importance, that is ‘Passion’. A small word with a great impact. It is a word with really a deep meaning. People with great passion make the impossible things possible. It is what takes you towards your goal. Without it it’s really difficult to reach your goal.

We all know that it is not impossible to reach your goal. It is problem is that the journey of achieving it reaching it may feel too difficult or unpleasant. When you develop a passion for achieving the goal all hurdles become challenged that you would love to overcome.



Just imagine when you would be in your old age, and remembering the things that

happened in the past, and thinking that you should have followed your passion instead of ending up with something that you didn’t enjoy just because somebody told that this field has more scope than the one you wanted to choose.

Passion is also related to interest as well. When you are interested in the work you are doing, , in spite of it being tiring and strenuous you would end up finishing it with a smile on your face for what you did rather than just doing it for the sake of completion.

Let's take an real life example, that we all have seen in the biopic of MS Dhoni, a well renowned cricketer He made history in the field of cricket because of his outstanding performance. We saw how he struggled in the initial years of his job in the railways. He did it because his father wanted to him to do a government job and have a place in the society. And that's what he did initially just to see his father happy. But this is where the twist came. He did his job with all his potential, but at a certain point became frustrated. Why? Because he really didn't have interest in it. It's wasn't his passion. It wasn't like that he was incapable



of doing it. It was just that he didn't really enjoy doing it. So he decided that he would give a final shot to the thing the passion he wanted to do, and that was cricket. And the rest is history. He led INDIA to victory in the 2011 WORLD CUP after 28 years. It wasn't like that he didn't face difficulties in his journey. He faced them, but he was happy for what he was doing. And enjoyed

the thing that when the next day he wakes up, he's going to do the thing he loves to do. This is what shows that there's a difference between what you like to do and what you don't.

But with passion hard work too, plays and important role in the journey to your goal. Even if you don't work hard in the things that you like to do, those things start to look impossible. And you slowly start losing the interest in the things and you were once the most interested in. It's also about consistency. Being consistent with what you want to do also plays an important role. A consistent person always faces difficulties and tries to find solutions to them. And gradually he overcomes all the obstacles coming in his way. And he's far better than the person who doesn't even try to solve the problem coming in his way.

There's a famous movie dialogue, that don't run behind success, run behind your passion and success will eventually follow you. "*logic will take you from a to b, but imagination would take you everywhere*". The same goes with passion. By doing the work that you don't like will take you from one point to another. But doing the work that you like that is your passion will take you far beyond all those points that you didn't even expected. It's all about how you choose and how correctly you choose your passion.

Remember when Tim Bergling also known as 'Avicii' in his song "THE NIGHTS" said that "When I die, I will be remembered for the life I lived not for the money that I made". His whole point was he would live his life to the fullest and do what he really loves to do, but he also said the he really needed to work hard to get it, which meant he needed to work hard, be consistent to live the life that he wanted to. Now he's not in this world, but this song of his really inspires you to push towards your goal.

The point is how to know what your passion is? It's really simple. You just have to ask yourself, WHAT DO I LIKE TO DO THE MOST? And when you find the answer to this question. It's sorted. You know what your passion is. Just work hard towards it and you would find your happiness. And now again remembering the scenario of you recalling you younger days and having a smile on your face that whatever you did made you happy. So now it's up to you that which scenario you would like to be in? . The one with your passion or the one without.

**By Aman Shetty**

**B-111**

## **Economic crisis in Pandemic & Affection on People**

I, Upadhyay Ashutosh wish to discuss about a serious topic i.e. economic crises in the pandemic.

Since the time this pandemic began we had suffered a lot and got many of unexpected experience and are still suffering from it. Many peoples lost their jobs and many businesses had faced lot of losses like they never had faced before. This time is really very difficult for common people who struggle for their daily living. The situation is worst for workers who work hard for their two-time meal, and those who had no option but to leave their homes in cities and go to their native places bare footed.

With this pandemic situation getting worse, more people lost jobs, there daily source of income become null, there is nothing left to do, and using mask and sanitizer become the new normal.

This pandemic not only effect daily life but also effect education, student pursuing board examination, preparing for entrance are kept on hold. As there is not source of income for common people , they are not able to pay taxes to government and slowly

the Indian economy started falling down and now it reached to -7.6% . This also effect government in providing better facility and development.

But, this pandemic era also teaches us many of big life lessons, like we came to know the importance of saving money and investment. We came to know the value of thing we get freely like oxygen which is most demanding thing during pandemic. We came to know the value of time we spend with family apart of the rush life. During pandemic the humanity in



humans is reborn and everybody came in front in order to help others as much as they can. This pandemic era caused huge damage to World economy and livelihood. not only Indian, but every country came forward to help each other, showing the spirit of brotherhood among each other .

Now the good news is Vaccination in going all over world at large scale. Thing are beginning going back to normal, people getting there job back, and students are promoted to higher class in in order to save their academic year.

And special thanks to all the frontline workers, doctors and all other people, who worked day / night for only to serve people in need. I Believe that slowly and steadily the situation will become better again, and Indian Economy will start to boom again. 126

**By Upadhyay Ashutosh**

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## **Depression**

We all are familiar with the word depression but what is depression? It is not synonymous to sadness. Sadness is a normal, reaction to an unhappy event. It is temporary and fades away as we move on in life. When you're sad, you may feel discouraged and have less energy. Depression, on the other hand, is a situation that causes a feeling of sadness and loss of interest persistently without any particular known cause. Symptoms of depression can vary from mild to severe.

Depression leads loss of interest or pleasure in activities once enjoyed, changes in appetite, weight loss or gain unrelated to dieting, trouble in sleeping or sleeping too much, loss of

energy or increased fatigue, feeling worthless or guilty, difficulty in thinking, concentrating or making decisions, Thoughts of death or suicide haunt people who are depressed.

Depression is a very complex disease. Nobody may exactly know what causes depression, but it can happen because of a variety of reasons. Some people may have depression during a serious medical illness. Some of the people may have it because unpleasant of life changes. Some others may have depression because of the death of their loved one. Others may have a family history of depression.

Lots of things can increase the chance of depression, including the following: Abuse, work stress, family history, personality, serious medical illness, drug and alcohol use, brain structure and many more. Depression is a primary reason why many die of suicide every day.



Considering the current situation of Covid -19 pandemic, we all are stuck in our homes. It has had a significant impact on our mental health causing emotional and physical distress. It is researched that depression symptoms were three times higher during the Covid-19 lockdown.

Many of us must have felt depressed during this pandemic. There isn't even a single test to treat depression. Never ignore symptoms of depression because depression can be linked to other health problems. If depression is left untreated, then it can lead to problems like weight gain or loss, physical pain, panic attacks, social isolation, thoughts of suicide and self-harm. Sitting alone will not kill depression. Speak up to the people around you and let them know what you are feeling.

You can improve symptoms of depression by taking care of yourself. Getting plenty of sleep, eating a healthy diet, avoiding negative people, and participating in enjoyable activities will keep you away from being depressed. Keep Safe.

**By Gautami Gawde**

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- To all Faculty member of Applied Science and Humanities Department of earning a certificate for attending the 3-day workshop on “Online teaching learning-- A systems approach and Bloom's Taxonomy” from 15<sup>th</sup> June- 17<sup>th</sup> June 2021.
- To Dr. Teena Trivedi for being included in the Core Committee of Engineering Mathematics Teachers Society, India.

**Edited and compiled by Marina Thomas.**

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